

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK	Breadsticks with carrot & celery sticks	Ricecakes with cream cheese, carrots and cucumber	Plain pitta strips with gherkins and red peppers	Breadsticks with celery & cucumber	Oatcakes with cherry tomatoes & sugar snap peas
DINNER	Fish Pie with broccoli & cauliflower	Chicken & spinach curry with rice and peas	Cauliflower, lentil & pea macaroni Cheese	Shepherds Pie with sweetcorn and cabbage	Jacket Potato, cheese & beans served with side salad
DESSERT	Yoghurt	Flapjacks with dried fruit	Yoghurt	Greek Yoghurt with sultanas	Eves Pudding & Custard
SNACK	Fresh Fruit Selection	Fresh Fruit Banana	Fresh Fruit pineapple	Fresh Fruit Oranges	Fresh Fruit apple
	Pitta Bread, ham, cheese and houmous served with apple slices	Ham and Cheese sandwiches with plums	Crackers with various toppings and grapes	Tuna and chicken sandwiches served with fresh satsumas	Avocado on Toast with banana